

My God Why Have You Forsaken Me!

PSALM 22:1 MY GOD, MY GOD, WHY HAVE YOU FORSAKEN ME? WHY ARE YOU SO FAR FROM SAVING ME, SO FAR FROM THE WORDS OF MY GROANING? ²O MY GOD, I CRY OUT BY DAY, BUT YOU DO NOT ANSWER, BY NIGHT, I AM NOT SILENT.

THESE WORDS CAME FROM;

DAVID - RUNNING FROM KING SAUL

JESUS - DURING THE CRUCIFIXION

YOU AND I TODAY -

WHAT MAKES THIS PSALM IMPORTANT FOR US TO LOOK AT ON THE DAY WE TAKE COMMUNION IS THE WORD "FORSAKEN"

DAVID HAD EXPERIENCED THE BLESSINGS OF GOD HIS ENTIRE LIVE UP TO THIS POINT. HE WAS HIS HELP WHEN HE KILLED THE BEAR, THE LION AND THE GIANT.

JESUS DID MANY MIRACLES BECAUSE HIS FATHER WAS WITH HIM.

YOU AND I HAVE SEEN THE WORKING OF GOD IN OUR LIVES AND THOSE AROUND US. BUT FOR SOME TODAY, GOD SEEMS TO HAVE FORSAKEN US.

1. DAVID CONTINUES IN THE PSALM 22:3 YET YOU ARE ENTHRONED AS THE HOLY ONE; YOU ARE THE PRAISE OF ISRAEL. ⁴IN YOU OUR FATHERS PUT THEIR TRUST; THEY TRUSTED AND YOU DELIVERED THEM. ⁵THEY CRIED TO YOU AND WERE SAVED; IN YOU THEY TRUSTED AND WERE NOT DISAPPOINTED.
2. YOU AND I CAN SAY, FATHER, AS WE LOOK AT YOUR SON JESUS MINISTERING HERE ON EARTH, NEVER DID HE LEAVE SOME ONE WHO ASKED FOR HIS HELP IN THE CONDITION THAT HE FOUND THEM IN.
 - I. HE NEVER DISAPPOINTED ANYONE WHO EXCEPTED HIM AS HE STATED HIMSELF TO BE.
- B. GOD YOU HAVE DONE SO MANY THING FOR US BEFORE THIS;.
 - I. YOU HAVE SAVED US.
 - II. YOU HAVE HEALED US
 - III. YOU HAVE PROSPERED US
 - IV. YOU HAVE TAUGHT US.

(1) YOU LIVE IN THE PRAISES OF OUR LIPS. WE ENTHRONED YOU AS THE GOD OF OUR HEART.

(A) GOD IS GOOD ALL THE TIME - ALL THE TIME GOD IS GOOD.

3. PSALM 22: 5 ALL THIS AND DAVID WRITES , BUT I AM A WORM AND NOT A MAN, SCORNE BY MEN AND DESPISED BY THE PEOPLE. ⁷ALL WHO SEE ME MOCK ME; THEY HURL INSULTS, SHAKING THEIR HEADS: ⁸"HE TRUSTS IN THE LORD; LET THE LORD RESCUE HIM. LET HIM DELIVER HIM, SINCE HE DELIGHTS IN HIM."
- A. FOR YOU AND ME, WE LOOK ABOUT US , AND WE HEAR GODS' PEOPLE CRYING OUT , MY GOD, WHY AM I SICK? WHY AM I SO LONELY, SO DEPRESSED , WHY AM I HAVING SUCH A HARD TIME MAKING MY FIANCES MEET MY NEEDS?

- I. AND GOD YOU HAVE DECLARED THAT YOU ARE OUR FATHER. WHY SO MUCH TROUBLE?
4. **PSALM 22:9** DAVID CONFESSED, YET YOU BROUGHT US OUT OF THE WOMB;
 - A. WE GLADLY STATE THAT GOD IS OUR CREATOR.
 - I. DID HE CREATE US TO HAVE A LIFE LIKE THIS? A LIFE WITH SO MANY DISAPPOINTMENTS, HEART ACHES. THE WORD SAYS, WE ARE THE HEAD AND NOT THE TAIL, BUT MANY FEEL THEY ARE THE TAIL AT THE END OF THEIR DOG. AND THEY ARE LIVING THE LIFE OF A STRAY DOG.

(1) JESUS TAUGHT US THAT HE CAME THAT WE MIGHT HAVE LIVE, AND IT TO ITS FULLEST.
5. **PSALM 22:11** DAVID PLEADS, DO NOT BE FAR FROM ME, FOR TROUBLE IS NEAR AND THERE IS NO ONE TO HELP.
 - A. MOST OF THE FOLLOWERS OF JESUS CHRIST ARE NOT THOSE WHO SAY IT IS O.K. TO REMOVE EVERY SIGN OF GOD FROM THE PUBLIC ARENA. WE WANT THE COMMANDMENTS TAUGHT IN THE SCHOOLS, WE WANT TO HEAR GODS' FAVOR ASK FOR WHEN WE HAVE AN EVENT. WE SEE THE TROUBLES AND EVIL OF THE WORLD AND WE WANT GOD WITH US. FOR WE RECOGNIZE THAT WE ARE IN DIRE NEED OF HIS HELP.
 - I. WE DO NOT WANT GOD FAR FROM US, WE WANT TO SEE AND FEEL HIS PRESENCE IN OUR LIVES.
6. **PSALM 22:19** DAVID CRIED AGAIN TO GOD, BUT YOU, O LORD, YOU ARE NOT FAR OFF; O MY STRENGTH, COME QUICKLY TO HELP ME.
 - A. FOR DAVID WHEN HE CAME TO THIS POINT, HE SAYS GOD YOU HAVE PROMISED AND I KNOW YOU WILL DELIVER. EVEN THO I AM HIDING IN A CAVE NOW WITH MY ENEMIES ON THREE SIDES OF ME. ONE DAY I WILL BE THE KING OF ISRAEL.
 - B. FOR YOU AND I, WE MUST COME TO UNDERSTAND THAT GOD IS AS NEAR AS OUR MOUTH AS STATED IN THE 10TH CHAPTER OF ROMANS. THAT HE IS OUR STRENGTH, AND WE DO WANT HIM TO COME QUICKLY.
7. JESUS CAME TO SAVE US.
 - A. **EPHESIANS . 2:4-5** BUT BECAUSE OF HIS GREAT LOVE FOR US, GOD, WHO IS RICH IN MERCY, ⁵MADE US ALIVE WITH CHRIST EVEN WHEN WE WERE DEAD IN TRANSGRESSIONS--IT IS BY GRACE YOU HAVE BEEN SAVED
8. THE JEWS SHOUTED AND SANG **PSALM 103:2-3** PRAISE THE LORD, O MY SOUL, AND FORGET NOT ALL HIS BENEFITS-- **3** WHO FORGIVES ALL YOUR SINS AND HEALS ALL YOUR DISEASES,
 - A. THIS IS WHAT HE DID FOR ISRAEL.
9. **EXODUS 15:26** HE SAID, "IF YOU LISTEN CAREFULLY TO THE VOICE OF THE LORD YOUR GOD AND DO WHAT IS RIGHT IN HIS EYES, IF YOU PAY ATTENTION TO HIS COMMANDS AND KEEP ALL HIS DECREES, I WILL NOT BRING ON YOU ANY OF THE DISEASES I BROUGHT ON THE EGYPTIANS, **FOR I AM THE LORD, WHO HEALS YOU."**
10. AND ONE OF THE DOCTRINES OF CHRIST - LAYING ON OF HANDS - A POINT OF CONTACT AS SEEN MANY TIMES IN THE EARTHLY MINISTRY OF JESUS.
 - A. **MARK 16:18** **THEY WILL PLACE THEIR HANDS ON SICK PEOPLE, AND THEY WILL GET WELL."**

11. THAT IS ONE POINT OF CONTACT
12. TODAY WE WANT TO LOOK AT ANOTHER ONE THAT IS PERFORMED ALL THE TIME, BUT MAYBE NOT FULLY UNDERSTOOD.

UNDERSTANDING THE ACT OF COMMUNION

1. THE COMMUNION HAS ITS ROOTS IN THE PASSOVER CALIBRATION. AND IT ALL STARTED WHEN THE DEATH ANGEL PASSED OVER EGYPT KILLING THE FIRST BORN THAT WAS NOT COVERED BY BLOOD.
 - A. THIS IS THE WORD OF THE LORD. **Exodus 11:5** EVERY FIRSTBORN SON IN EGYPT WILL DIE, FROM THE FIRSTBORN SON OF PHARAOH, WHO SITS ON THE THRONE, TO THE FIRSTBORN SON OF THE SLAVE GIRL, WHO IS AT HER HAND MILL, AND ALL THE FIRSTBORN OF THE CATTLE AS WELL.
 - I. THIS IS ALL THE FIRST BORN
2. BUT GOD PROVIDED A WAY TO ESCAPE THE DEATH
 - A. **Exodus 12:7-8** THEN THEY ARE TO TAKE SOME OF THE BLOOD AND PUT IT ON THE SIDES AND TOPS OF THE DOORFRAMES OF THE HOUSES WHERE THEY EAT THE LAMBS. ⁸THAT SAME NIGHT THEY ARE TO EAT THE MEAT ROASTED OVER THE FIRE, ALONG WITH BITTER HERBS, AND BREAD MADE WITHOUT YEAST.
 - I. WHEN THEY ATE THIS MEAL, SOMETHING ELSE HAPPENED.
 - (1) **Psalm 105:37** HE BROUGHT OUT ISRAEL, LADEN WITH SILVER AND GOLD, AND FROM AMONG THEIR TRIBES NO ONE FALTERED. THEIR WERE NO WEAK OR SICK AMONG THEM.
 - (A) I WANT TO POINT OUT NOW, THIS IS THE PASSOVER MEAL THAT JESUS WAS SHARING WITH HIS DISCIPLES. IT IS THE LATER PART OF THIS MEAL THAT WE CALL "COMMUNION"
3. HOW MANY DID THIS EFFECT?
 - A. **Exodus 12:37** THE ISRAELITES JOURNEYED FROM RAMESES TO SUCCOTH. THERE WERE ABOUT SIX HUNDRED THOUSAND MEN ON FOOT, BESIDES WOMEN AND CHILDREN. AND NO ONE FALTERED OR WAS SICK.
4. LET US HEAR THE WORDS THAT GOD SPOKE IN PREPARATION OF THIS.
 - A. **Exodus 12:13** THE BLOOD WILL BE A SIGN [TOKEN] FOR YOU ON THE HOUSES WHERE YOU ARE; AND WHEN I SEE THE BLOOD, I WILL PASS OVER YOU. NO DESTRUCTIVE PLAGUE WILL TOUCH YOU WHEN I STRIKE EGYPT.
5. WHAT DID GOD INSTRUCT THE ISRAELITES TO DO?
 - A. EACH YEAR - **Leviticus 23:5** THE LORD'S PASSOVER BEGINS AT TWILIGHT ON THE FOURTEENTH DAY OF THE FIRST MONTH.
6. IT WAS AT THIS EVENT THAT THIS TOOK PLACE.
 - A. **Luke 22:20** IN THE SAME WAY, AFTER THE SUPPER HE TOOK THE CUP, SAYING, "THIS CUP IS THE NEW COVENANT IN MY BLOOD, WHICH IS POURED OUT FOR YOU."

- I. THE BLOOD OF THE LAMB IN EGYPT WAS POINTING TO THIS TIME, THE DEATH OF JESUS ON THE CROSS.
 - (1) **EXODUS 12:7** THEN THEY ARE TO TAKE SOME OF THE BLOOD AND PUT IT ON THE SIDES AND TOPS OF THE DOORFRAMES OF THE HOUSES WHERE THEY EAT THE LAMBS.
 - (A) HERE YOU CAN START TO SEE THE IMAGES OF THE THREE CROSSES COMING INTO VIEW.
 - (I) **MATTHEW 27:38** TWO ROBBERS WERE CRUCIFIED WITH HIM, ONE ON HIS RIGHT AND ONE ON HIS LEFT.
 - (2) **JOHN 1:29** THE NEXT DAY JOHN SAW JESUS COMING TOWARD HIM AND SAID, "LOOK, THE LAMB OF GOD, WHO TAKES AWAY THE SIN OF THE WORLD!"
7. SO A QUICK REVIEW
- A. **MATTHEW 26:19** SO THE DISCIPLES DID AS JESUS HAD DIRECTED THEM AND PREPARED THE PASSOVER.
 - I. THE BLOOD OF THE LAMB PLACED AROUND THE DOOR SAVED THE ISRAELITES FROM DEATH.
 - II. EATING THE MEAL WHICH HAD TWO MAIN INGREDIENTS; LAMB AND UNLEAVEN BREAD BROUGHT TOTAL HEALING OF THEIR BODIES.
8. THE BODY OF CHRIST, GOD'S FINAL LAMB PROMISED HEALING THROUGH THE WOUNDS AND STRIPES OF THE BODY OF OUR LORD. HIS BLOOD PROMISED SALVATION ON THE CROSS. JESUS DID A COMPLETE WORK FOR US.
9. NOW LET US LOOK AT THE INSTRUCTIONS THAT PAUL PASSES ON TO THE CHURCH.
- A. THE FIRST ACT OF THE LORD.
 - I. THE LORD JESUS, ON THE NIGHT HE WAS BETRAYED, TOOK BREAD, ²⁴AND WHEN HE HAD GIVEN THANKS, HE BROKE IT AND SAID, "**THIS IS MY BODY, WHICH IS FOR YOU; DO THIS IN REMEMBRANCE OF ME.**"
 - (1) WHAT IS THE FOCUS ON HERE!
 - (A) HE TOOK THE BREAD
 - (2) WHAT DID HE DO WITH IT, THE BREAD?
 - (A) HE PRAYED OVER IT.
 - (B) HE BROKE IT.
 - (3) WHAT DID HE SAY ABOUT THIS BREAD?
 - (A) **THIS IS MY BODY.**
 - (4) AND WHAT ABOUT HIS BODY?
 - (A) **IT IS FOR YOU.**
 - (5) AND WHY SHOULD WE BE DOING THIS.
 - (A) **DO THIS IN REMEMBRANCE OF ME.**
 - II. THE SECOND ACT OF THE LORD!
 - (1) **THIS CUP IS THE NEW COVENANT IN MY BLOOD; DO THIS, WHENEVER YOU DRINK IT,**

IN REMEMBRANCE OF ME."

(A) WHAT IS THE FOCUS ON HERE?

(I) THIS CUP

(B) WHAT DID HE DO WITH IT, THE CUP

(I) HE PRAYED OVER IT.

(C) WHAT DID HE SAY ABOUT THIS CUP.

(I) THE NEW COVENANT IN MY BLOOD

(D) WHAT DID HE TELL US TO DO WITH IT?

(I) DRINK IT.

(E) AND WHY SHOULD WE BE DOING THIS

(I) IN REMEMBRANCE OF ME." TO PROCLAIM HIS DEATH UNTIL HE COMES AGAIN.

III. NOW TO THIS POINT, WHO IS ALL THE ABOVE REALLY ABOUT.

(1) JESUS - JESUS - JESUS

(A) FOR JUST MOMENT LET US GO BACK TO EGYPT, WHEN THE ANGEL OF DEATH PASSED OVER, WHO OR WHAT WAS THAT ALL ABOUT. WAS IT THE PEOPLE INSIDE THE HOUSE OR WAS IT THE BLOOD ON THE DOOR POSTS?

IV. NOW LET US LOOK AND HEAR WHAT PAUL HAS TO SAY! I WANT TO BREAK UP HIS STATEMENT TO GIVE IT CLARITY.

(1) ²⁶FOR WHENEVER YOU EAT THIS BREAD AND DRINK THIS CUP, YOU PROCLAIM THE LORD'S DEATH UNTIL HE COMES. ²⁷THEREFORE, WHOEVER EATS THE BREAD OR DRINKS THE CUP OF THE LORD IN AN UNWORTHY MANNER WILL BE GUILTY OF SINNING AGAINST THE BODY AND BLOOD OF THE LORD.

(A) JESUS JUST SAID, LOOK AT ME, LOOK AT WHAT THE CUP REPRESENTS, THE BLOOD OF JESUS. WHAT DID THE BLOOD DO FOR THE BELIEVER?

1) **ROMANS 8:1** THEREFORE, THERE IS NOW NO CONDEMNATION FOR THOSE WHO ARE IN CHRIST JESUS,

2) SO IF I AM A BELIEVER I CANNOT SIN AGAINST THE BODY AND BLOOD OF JESUS, THAT WAS HIS PURPOSE OF GOING TO THE CROSS. TO TAKE AWAY MY SIN.

3) SO THIS IS ADDRESSING THOSE WHO ARE NOT SAVED.

V. THE NEXT PORTION OF SCRIPTURE.

(1) A MAN OUGHT TO EXAMINE HIMSELF BEFORE HE EATS OF THE BREAD AND DRINKS OF THE CUP. ²⁹FOR ANYONE WHO EATS AND DRINKS WITHOUT RECOGNIZING THE BODY OF THE LORD EATS AND DRINKS JUDGMENT ON HIMSELF. ³⁰THAT IS WHY MANY AMONG YOU ARE WEAK AND SICK, AND A NUMBER OF YOU HAVE FALLEN ASLEEP.

(A) WHAT AM I TO EXAMINE? MY BELIEVE!

(I) WHAT DO I THINK ABOUT THE BREAD, WHY IS JESUS INSTRUCTING ME TO

TAKE IT INTO MY BODY?

(2) WELL WHAT ABOUT THE BODY OF JESUS.

(A) IT IS GIVEN FOR YOU.

(I) FOR WHAT PURPOSE?

- 1) **ISAIAH 53:5** BUT HE WAS PIERCED FOR OUR TRANSGRESSIONS, HE WAS CRUSHED FOR OUR INIQUITIES; THE PUNISHMENT THAT BROUGHT US PEACE WAS UPON HIM, AND BY HIS WOUNDS WE ARE HEALED.
- 2) **1 PETER 2:24** HE HIMSELF BORE OUR SINS IN HIS BODY ON THE TREE, SO THAT WE MIGHT DIE TO SINS AND LIVE FOR RIGHTEOUSNESS; BY HIS WOUNDS YOU HAVE BEEN HEALED.
 - A) SO JESUS GAVE HIS BODY THAT WE MAY ATTAIN THESE THINGS. DO I BELIEVE IT?
 - B) PIERCED FOR OUR TRANSGRESSIONS,
 - C) BORE OUR SINS IN HIS BODY ON THE TREE
 - D) CRUSHED FOR OUR INIQUITIES
 - E) WE MIGHT DIE TO SINS
 - F) PUNISHMENT THAT BROUGHT US PEACE WAS UPON HIM
 - G) LIVE FOR RIGHTEOUSNESS;
 - H) BY HIS WOUNDS WE ARE HEALED.
 - I) BY HIS WOUNDS YOU HAVE BEEN HEALED.

(3) REMEMBER OUR CRIES IN THE DAY AND IN THE NIGHT,

(A) WE LOOK ABOUT US , AND WE HEAR YOUR PEOPLE CRYING OUT , MY GOD, WHY AM I SICK? WHY AM I SO LONELY, SO DEPRESSED , WHY AM I HAVING SUCH A HARD TIME MAKING MY FIANCES MEET MY NEEDS?

(I) ARE WE RECEIVING THE BENEFIT OF THE BODY OF CHRIST THAT WE TAKE AT HIS TABLE.

(II) IF WE DO NOT RECEIVE THE BENEFIT BY FAITH THEN WE ARE STILL BATTLING THE CURSE AND ITS JUDGMENT.

- 1) AND PAUL WRITES ³⁰THAT IS WHY MANY AMONG YOU ARE WEAK AND SICK, AND A NUMBER OF YOU HAVE FALLEN ASLEEP

(4) WHAT ABOUT THE CUP? WHAT ABOUT HIS BLOOD?

(A) **MATTHEW 26:28** THIS IS MY BLOOD OF THE COVENANT, WHICH IS POURED OUT FOR MANY FOR THE FORGIVENESS OF SINS.

(B) **ACTS 20:28** THE CHURCH OF GOD, WHICH HE BOUGHT WITH HIS OWN BLOOD.

(C) **EPHESIANS. 1:7** IN HIM WE HAVE REDEMPTION THROUGH HIS BLOOD, THE FORGIVENESS OF SINS, IN ACCORDANCE WITH THE RICHES OF GOD'S GRACE

(D) **COL. 1:20** AND THROUGH HIM TO RECONCILE TO HIMSELF ALL THINGS, WHETHER THINGS ON EARTH OR THINGS IN HEAVEN, BY MAKING PEACE THROUGH HIS BLOOD, SHED ON THE CROSS.

VI. THIS IS THE BLOOD OF THE NEW COVENANT,

(1) WHAT ABOUT THIS NEW COVENANT?

(A) **HEBREWS 8:6** BUT THE MINISTRY JESUS HAS RECEIVED IS AS SUPERIOR TO THEIRS AS THE COVENANT OF WHICH HE IS MEDIATOR IS SUPERIOR TO THE OLD ONE, AND IT IS FOUNDED ON BETTER PROMISES.

(B) **HEBREWS 9:15-22** FOR THIS REASON CHRIST IS THE MEDIATOR OF A NEW COVENANT, THAT THOSE WHO ARE CALLED MAY RECEIVE THE PROMISED ETERNAL INHERITANCE--NOW THAT HE HAS DIED AS A RANSOM TO SET THEM FREE FROM THE SINS COMMITTED UNDER THE FIRST COVENANT.

(I) SO OUR COVENANT IS BETTER THAN THE OLD ONE.

1) IN THAT ONE, GOD PROVIDED HEALING, FOOD, CLOTHING, LONG LIFE, PROSPERITY, AND A CLOSE WALK WITH HIM.

LET US CELEBRATE THE COMMUNION WITH OUR LORD

WILL THE MEN ON THE CHAPEL BOARD PLEASE PREPARE TO SERVE COMMUNION.

FIRST THE BREAD, HOLD IT UNTIL WE HAVE PRAYED OVER IT.

10. THE COMMUNION -

I. THE LORD JESUS, ON THE NIGHT HE WAS BETRAYED, TOOK BREAD, ²⁴AND WHEN HE HAD GIVEN THANKS, HE BROKE IT AND SAID, "**THIS IS MY BODY, WHICH IS FOR YOU; DO THIS IN REMEMBRANCE OF ME.**"

(1) REMARKS

(2) PRAY

(3) LET US PARTAKE.

B. THE CUP.

I. USHERS PLEASE PASS OUT, AND AGAIN HOLD UNTIL WE PRAY. **1 COR. 11:25-30** IN THE SAME WAY, AFTER SUPPER HE TOOK THE CUP, SAYING, "**THIS CUP IS THE NEW COVENANT IN MY BLOOD; DO THIS, WHENEVER YOU DRINK IT, IN REMEMBRANCE OF ME.**"

(1) REMARKS

(2) PRAYER

(3) LET US PARTAKE TOGETHER.

FATHER NOW MAY THE SACRIFICE OF YOUR SON JESUS DO ITS COMPLETE WORK IN YOUR PEOPLE, WHO YOU CALL YOUR CHILDREN.

AMEN.